

# Finding the Main Idea 1

Read the paragraph, then write the main idea and three bits of detail.

Sleep is a state of rest when most of the muscles you can control on purpose are inactive and relaxed. You are in a mostly unconscious state, meaning that you do not react to stimuli as fast as when you are awake. Sleeping regularly is essential for your survival. It is important to get enough sleep for your body and brain to be healthy and work properly.



1. What is the main idea of this paragraph?

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2. Write three bits of detail:

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# Finding the Main Idea 1 - Answers

1. What is the main idea of this paragraph?

**Sleep is important for your survival.**

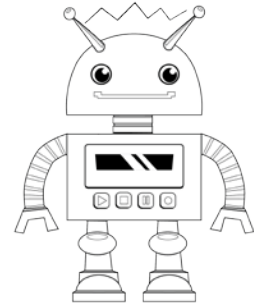
2. Write three bits of detail:

- **Sleep is a state of rest when most of the muscles you can control on purpose are inactive and relaxed.**
- **You are in a mostly unconscious state, meaning that you do not react to stimuli as fast as when you are awake.**
- **It is important to get enough sleep for your body and brain to be healthy and work properly.**

# Finding the Main Idea 2

Read the paragraph, then write the main idea and three bits of detail.

Inventing begins with daydreaming, or maybe the thought “if only...” . The invention process begins with collecting ideas and writing them down, reading, learning new things, and experimenting. Along the way, inventors uncover ideas and facts which are not yet known. After a lot of patience and a little luck, a new invention is created. Not all inventions always work out, sometimes they fail, but that’s all part of the challenge of inventing something new.



1. What is the main idea of this paragraph?

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2. Write three bits of detail:

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# Finding the Main Idea 2 - Answers

1. What is the main idea of this paragraph?

**Inventing is a process that starts with a dream or thought. Some inventions work, others fail.**

2. Write three bits of detail:

- **The invention process begins with collecting ideas and writing them down, reading, learning new things, and experimenting.**
- **After a lot of patience and a little luck, a new invention is created.**
- **Not all inventions always work out, sometimes they fail, but that's all part of the challenge of inventing something new.**